

SCARSDALE

VOLLEYBALL

Coaches - Ms. Parrott, Ms. Orlandi, Ms. Barron, Mr. Brown
SMS Modified Sports Athletic Director - Mr. Roemer

Welcome to the exciting game of volleyball. We want everyone to learn the game of volleyball while being part of a team. We also want everyone to have a fun, yet safe season. Proper sportsmanship is essential to being part of the volleyball program at Scarsdale Middle School. Below are the policies and procedures for the season. Please take some time to become familiar with them.

- 1) Volleyball is a relatively safe sport, but as with any sport there are some inherent dangers to playing the game. Twisted ankles, falls and occasional contact with other team members, as well as other injuries are real possibilities. All players must obtain a gold card before participating in practices.
- 2) Practices are from 2:45 - 4:30 as per the schedule that will be released, and players are expected to attend all practices. If a player attends extra help they must come to practice with a late pass from the teacher. If they come to a practice/game, then they should have participated in PE class that day – no excuses.
- 3) According to league rules, players must attend 6 practices to be eligible to play in games.
- 4) The players will be divided into two teams, the Maroon team (coached by Ms. Orlandi) and the White team (coached by Ms. Parrott). We try to balance the two teams as best as possible based on skill level. Players who played on either the maroon or white teams as a 7th grader will remain on that team when they return as an 8th grader.
- 5) Due to the very large number of students participating in the modified volleyball program, each of the two teams will be further split to groups of red, white, blue and green squad members. Players with the highest level of skill will be on the red squad and it will consist of mostly 8th graders. This group will go to every game. The rest of the team members in both 7th and 8th grades will be equally divided between the white, blue and green squads and will attend alternate games as indicated on the schedule that will be distributed. If a player is not scheduled to attend a game, they are not required to be at volleyball that day. They are welcome to watch the game or run the scoreboard, but they can also feel free to attend extra help or catch up on any other activities away from volleyball. All team members regardless of what color squad they are, must attend all practices.
- 6) Games start at 4:30 pm and will run approximately 1 – 1.5 hours. Schedules will be handed out after the two teams are established.

- 7) At this level, we play three games to 25 points. Points are scored on every serve (rally scoring). The team that wins two out of three games wins the match. All three games are played regardless of necessity.
- 8) All players are expected to ride the team bus to and from the away games. If a parent needs to take their child home please contact Mr. Roemer to obtain permission.
- 9) This is an interscholastic team where we stress a quality level of play. Every player will get court time during a match, but not all players will get equal court time. Some of the advanced players may play more than other players. No player will sit out an entire match except for extenuating circumstances or if they did not attend the required number of practices.
- 10) In order to build team spirit we encourage family members and friends to attend home games and, if possible, away games. Directions to all schools are posted on the Scarsdale High School Athletic department web site.
- 11) It is the home team's responsibility to set up and take down the venue (net, chairs, scoring table, etc). At home games all players must stay and help put away equipment. Players may only leave when the coach dismisses the team.

Required items

- 1) Suitable athletic sneakers. (Converse, Vans and the like are not suitable)
- 2) Black knee pads
- 3) Black shorts - nothing written on them

The team will supply jerseys which must be handed in at the end of the season. A deposit check for \$40 payable to Scarsdale UFSD is required for the jersey. Once the jersey is turned in at the end of the season, the deposit check will be returned. Players will have an opportunity to purchase optional team apparel through Maroon and White.

SCARSDALE



Player Name_____

I have read the Scarsdale Middle School Volleyball policies and procedures and have discussed them with my daughter.

(parent/guardian printed name)

(parent/guardian signature)

Date

(player signature)

Date

******Please return with a \$40 deposit check for the jersey. Make checks payable to Scarsdale UFSD. This check will not be cashed unless your child does not return the jersey.**